



Richmond Foundation, a non-governmental, non-profit making organisation founded in 1993, endeavours to provide optimal community mental health services that address the promotion, prevention and care for good quality of life. This is achieved through the following services and programmes:

Villa Chelsea: a rehabilitation and respite facility offering day and residential programmes to persons with mental health problems.

Home Support Service: provide assistance to persons experiencing mental health difficulties to manage their lives in their own environment.

Supportive Housing Scheme: provides housing with support to persons with mental health difficulties.

Employment Services: supports persons with mental health problems to find and / or maintain employment. This service also aims to maximise employee and organisational well-being by providing counselling and other support services.

Richmond Hostel: offers supervised permanent accommodation for a group of males with mental health problems after their long stay at Mount Carmel Hospital.

Kids in Development (K.I.Ds): a therapeutic residential programme for children between 5 and 10 years of age who exhibit behaviour which is severely challenging.

Community Learning and Training Centre: aims to bring Information and Communications Technology to persons with mental health problems within an inclusive environment, and also to the public in general.

'Never Mind' Leisure Centre: a center which is open every week for a few hours and aims to offer alternative health options of entertainment for persons who are at risk of social exclusion.

Wellness Programme: weekly sessions which help people suffering from mental health problems to engage in good health practices, develop healthier eating habits and engage in regular physical activities.

Self-Help Groups: facilitated by persons who have experienced mental health difficulties, these groups aim to motivate persons to share their experiences of mental ill health for their own benefit and that of others.

Mental Health Awareness Programme: various contributions on radio and television programmes, in newspapers and other mediums so as to raise awareness on mental health issues amongst the general public.

For more information please contact Richmond Foundation on

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www.richmond.org.mt

**Programm
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**Jekk inti tiegħu
kura biex
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